

Footnotes St. Lawrence Catholic Parish

BLESSING OF THE THROATS Through the intercession of St. Blaise, bishop and martyr, may God deliver you from every disease of the throat and from every other illness in the name of the Father. and of the Son. and of the Holy Spirit.

JOIN IN THE LENTEN JOURNEY



by Fr. Steven T. Williams

Lent is a wonderful time to grow closer to God. It certainly allows us to celebrate Easter anew! The opportunity to immerse ourselves in the blessings of the season is something to be aware of, and thankful for. In this newsletter we offer a variety of ways to continue one's spiritual journey during the Lenten season. Fellowship is a part of it!

We are excited about our Parish Mission "Eucharist", from March 8th - 10th. I hope you can join us.

We also have a "Book Study" this year. Books will be available in the church foyer. All are encouraged to read a book, then submit a review. If you liked the book, state why, and this might help others to read the book as well. Lastly, please make every effort to join us for the Sacred Triduum. There is so much enrichment to be found in these liturgies. Join us for adoration on Holy Thursday night in the St. Lawrence Room from 9:00 pm - Midnight. Please continue to pray for all those coming into the Church on Holy Saturday night.

LENTEN ENRICHMENT OPPORTUNITIES

READ A BOOK FROM THE SELECTION PROVIDED, OR WATCH A MOVIE ON FORMED.ORG.
SUBMIT A REVIEW TO FAMILY@STLAWRENCEFAIRHOPE.COM
ENCOURAGE OTHERS TO READ OR WATCH FOR THEIR SPIRITUAL ENRICHMENT.

SPRITUALLY ENRICHING MOVIES

MOVIES ARE AVAILABLE FOR FREE AT WWW.FORMED.ORG WITH PARISH CODE JMPHD6



FORMED

MANY MORE SUGGESTIONS FOUND ON PAGES 8-9

SUBMIT A REVIEW!

Email your review to:

FAMILY@ STLAWRENCEFAIRHOPE.COM



SPIRITUALLY ENRICHING BOOKS

BOOKS ARE AVAILABLE In the Church Foyer



St. Lawrence participates in the Blessing of the Throats each year on the feast day of Saint Blaise. Fr. Gil attended to blessing the students of St. Michael on February 3rd with Fr. Nicholas and Fr. Gabe. Fr. Steve and Fr. Gil blessed all parishioners at the celebration of the weekend Masses following St. Blaise's feast day.

Saint Blaise has been invoked since the time of his death as an intercessor for diseases of the throat. This association comes from a miraculous tale of a child suffering from a throat ailment in which St. Blaise blessed him and he was healed. During his life, Bishop

Blaise was known to those around him as a miraculous wonderworker. St. Blaise never shied away from the work of holding the Roman government accountable for their intolerance and disdain for Christians. His prayer life, his intercession, and his boldness for truth gained him a great pastoral reputation for the Church. When we take part in the Blessing of the Throats through the intercession of Saint Blaise we too commemorate the miracles God worked through him and pray that miracles continue to be ministered to us and to the world.



Fr. Gil blesses Josh Murphy.



Fr. Steve blesses Luke Ferrel.



Fr. Gil blesses Susan Roh.



TREASURES ENJOYS CAJUN COOKING IN NEW ORLEANS

Treasures enjoyed a wonderful start to February and the Mardi Gras season by traveling to the New Orleans School of Cooking in the French Quarter, and learning how to cook some delicious Cajun classics. The group enjoyed shrimp bisque, shrimp etouffe, pralines and bread pudding! Some essential Cajun spices were available for purchase, to recreate these dishes at home. Everyone had a great time. See you all next month for a trip to the Festival of Flowers!



Darlene, Jean and Shelia are ready for some bisque!



Wanda and Billy Griffis pick up Joe's Stuff seasoning.



Our chef, Tom, prepared a wonderful meal.





John and Joan Ardrey enjoyed looking through the cooking school store together.





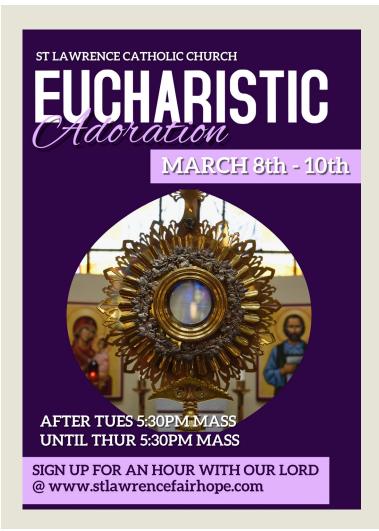
At the February luncheon, Treasures enjoyed red beans and rice, and welcomed guest speaker Dr. Robichaux, who spoke on the topic of the Catholic influence on Western Healthcare. He gave a wonderful presentation highlighting the ways the early Church and many saints played a role in the care of the sick, and their contributions to the foundations of modern healthcare. Dr. Robichaux gathered much of his content and historical information from the Mike Aquilina book, "The Healing Imperative: The Early Church and the Invention of Medicine as We Know It." See you all next month for great fellowship and fried fish!

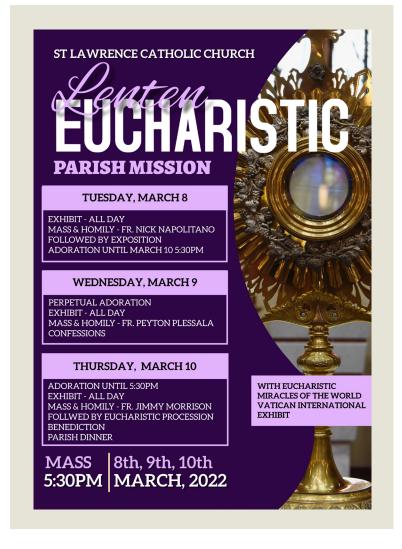












40 RESOLUTIONS FOR A FRUITFUL LENT

Here are some ideas to help you make a fruitful Lent. Start by setting time aside to pray and ask God for guidance as you choose just a few resolutions. Many of these resolutions can be done alone, as a couple or as a family. If you are married, consider how you can incorporate at least one resolution as a couple. If you have children, consider how you can incorporate a resolution as a family.

01

Each day, read and reflect on the Gospel.



Eat a weekly dinner together as a family, with no distractions.



03

Pray the rosary, or one decade, daily.



Sort possessions and belongings, donate the things that are unused and in good condition.

 $\begin{array}{c} 05 \\ \text{Spend time before the} \end{array}$ Blessed Sacrament each week. 06

Write notes for others of encouragement, appreciation, and comfort.

07



Add purple to your home/office to remember your Lenten Resolutions.

80

Offer short prayers throughout the day, such as "Jesus, I love you."

09

Pray for the Holy Father each day.

10 Give up judging others. When tempted, instead focus on God's love for all.

11

Spend extra time with your spouse. Pray together and listen to each other.





Donate to charity, such as St. Vincent de Paul.

Examine your



13

conscience and go to confession.

> of the Church.

14

Pray for

those in

RCIA

seeking to

enter the fullness

15

Pray with a specific saint this Lent. Read about their lives and ask for their guidance.

Attend a daily Mass 16 each week.

Listen to uplifting or spiritual content when traveling in your car.

18 Take time for a retreat.

Pray the Divine 10 Mercy Chaplet daily or weekly.



20

Serve Jesus by volunteering, such as cooking, visiting, organizing or cleaning.

Pray for someone specific each day, and let them know that you are praying for them.

Pray for the protection of the unborn.



28

Offer to God your relationship to food. Fast to break addictions, eat for fuel.

31



Get to know your family members better. Be intentional and interested in their lives.

35

Take time for silence.

Preferably in adoration



into the hidden parts of your heart, ask Him for healing and peace in those places.

32

Invite God

36

Stop using your phone two hours before going to bed.

Wake up 15 minutes early each day to serve your family or pray.



21

Watch a religious movie instead of a secular movie.

22

Give up negative self-talk.

25

Once a week abstain from all social media.

Pray the Litany of Humility daily.

27



Spend extra time with your children. Listen to them, pray for them.

29

Exercise and offer your energy and determination for those suffering form physical pain.

Set aside a specific time of day for 15 minutes of prayer and keep your commitment.

34 Attend Stations of the Cross weekly.



33 Make time for the parish mission, religious classes, or spiritual offerings.

(A)

Pray for our priest and seminarians, offer your fasting or prayers for them.

Bring children and family to the outdoor Stations of the Cross.

39

Make a list of people who impacted you life, send them a note of affirmation and thanks.

RESPECT LIFE NEITHER SNOW NOR RAIN NOR COLD CAN STOP OUR VOICES FOR THE DIGNITY OF LIFE

Many thanks to the parishioners who braved the cold temperatures and drizzling rain to attend the March for Life Mobile on Friday, January 21 at Cathedral Square. We hope you were inspired by the praise & worship band and our local speakers. Two of our own parishioners, Keri Buhring and Maddie Farrell, shared their personal stories to an energetic crowd. This year's theme, Life is a Gift, was one of hope and love for all people.

40 DAYS FOR LIFE CAMPAIGN KICK OFF

QUESTIONS OR INTERESTED IN HELPING WITH THE CAMPAIGN? PLEASE CONTACT LISA WORD (404)307-1355.

Ash Wednesday is a perfect time to begin the Spring Campaign of 40 Days! During Lent we are always looking for ways to grow in our faith, improve our prayer life, and give to others. 40 Days for Life has all that and more!

We start with our kickoff Sunday asking people to sign shamrocks that showed their visible sign of committing to pray for the unborn and their parents. Spiritual Adoption Prayers will be available to take home and pray as a family.

One of the major components of 40 Days is to pray outside Planned Parenthood in Mobile. This can have a profound effect not only on you, but the moms and dads who come to Planned Parenthood to abort their child. Your peaceful presence along with your praying can help change hearts. Please consider joining us.

Feeling creative? Make encouraging cards for pregnant moms! This is a wonderful family activity. These cards will be delivered to our local pregnancy centers. Boxes are located in the church vestibule for drop off of cards. (Please sign your first name only.)

To show our support for all the wonderful work done at the Women's Health Center and the 2B center, we will be collecting the following items on their behalf: diapers (Huggies or Pampers) sizes 5 & 6, diaper rash creme, baby bottles and much-needed car seats. (Perhaps several families can go in together for a car seat!) Place items in the crib located in the vestibule.

Father Steve will be offering Mass across from Planned Parenthood on Tuesday, March 22nd. The church bus will be available for those interested in attending. Be in the St. Lawrence parking lot ready to leave by 6:30 am. We should return to Fairhope by 9:00 am. Also, we will be praying the rosary on the sidewalk at Planned Parenthood on Saturday, March 12th. Once again we are blessed to have the church bus available for all parishioners & friends, departing right after the 8:30 morning Mass. See you in the parking lot!









Emma Buss, Maddie Markey, Mary Hart Watson, Mary Grace Brown, and Danielle Willcox made homemade signs to help communicate the preciousness of life.



Stephen Sylvester gave a moving testimony about the role of God's mercy and love in our lives.



We attended a Mass for Life with the Diocese of Baton Rouge to pray for the end of abortion.



Marching on one of the coldest days of the year called for a bonfire to warm us up!



Louis Gerad, Josh Kurz, Porter Savarese, Henry Conwell, and Jeb Bathrick huddle together before the march began.



Porter Savarese and Mary Grace Brown stopped for a photo as we marched through Louisiana's capital city.

LIFE TEEN OUR GROUP CONTINUES TO BE ACTIVE AND PRESENT!



2022 has been off to a great start for St. Lawrence Life Teen! We continue to grow closer to God through our weekly Life Teen meetings, as well as through two trips we've been blessed to attend.

In January, Life Teen took a pilgrimage to Baton Rouge, LA to join their March for Life. We spent three days delving into what it means to be Pro-Life, primarily spending time reflecting on our core belief of inherent human dignity. Teens were given time to ask questions and reflect on the deep truth that all life has dignity. We marched with the diocese of Baton Rouge, listened to speakers and spent time with the Blessed

Sacrament. It was a beautiful and fruitful weekend. We are proud to be pro-life!

February held a special trip as well. After a 2021 hiatus, we were once again able to join the Archdiocesan Catholic Youth Conference in Orange Beach! Teens from all over our beautiful archidocese gathered for three days of high-energy prayer and learning. Reflecting on the theme "One", teens were encouraged to spend the weekend reflecting on the universality of our faith, and how beautiful it is to be part of our Church. It was an exciting weekend, filled to the brim with grace and beauty. We cannot wait to go again next year!



Spending time face to face with God was the highlight of the weekend for many of our teens.



We are so grateful to Archbishop Rodi for spending the weekend at ACYC with us.



SCHOLARSHIP OPPORTUNITY

MARTIN FARRELL EDUCATION SCHOLARSHIP

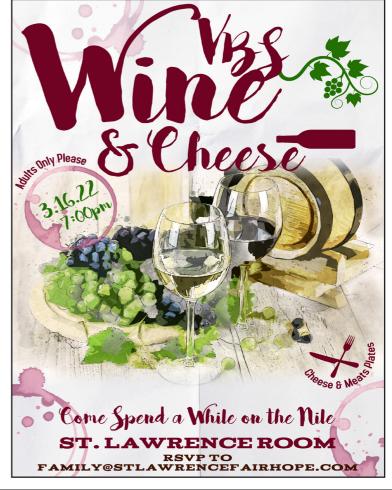
Applications now available!

THIS IS A SCHOLARSHIP OPPORTUNITY FOR K-12TH GRADE PARISHIONERS OF ST. LAWRENCE PLANNING TO ATTEND CATHOLIC SCHOOL FOR THE 2022-2023 ACADEMIC SCHOOL YEAR.

This year the Christmas Bazaar committee will be awarding three \$1,000 scholarships.

Applications due May 19th.

Contact Afton Sylvester at events@stlawrencefairhope.com for applications.









The St. Joseph's Altar is a loved Sicilian tradition in the Catholic Church. Many years ago the people of Sicily begged their patron saint, St. Joseph, to bring an end to their famine. Their prayers were answered, and their crops were restored. Some time later, the people prepared a feast for the poor and needy as an act of thanksgiving to God and St. Joseph.

In a special way, St. Lawrence will honor St. Joseph by displaying our own St. Joseph's Altar in the St. Lawrence Room following the 8:30 am Mass on Friday, March 18th. The altar will remain open through Sunday, March 20th after the 11:00 am Mass. All are encouraged to come visit and to lift up prayers of thanksgiving for all God has given us.

FRESH FOOD DONATIONS NEEDED!

We are taking the following donations: fresh fruits, vegetables, dried beans, rice, pasta, canned tomatoes or broth. St. Vincent de Paul will deliver the donated food to families in need on Sunday afternoon. This is a rare opportunity for the clients of St. Vincent de Paul to receive perishable foods such as fruits, vegetables, and baked goods.

All items can be dropped off at the office March 14th - March 16th. You may also drop off your saint statues to be displayed and blessed on the altar during that time. If you would like to help with the altar set up, contact Afton Sylvester at 928-5931, ext. 115.



Baptisms

JONAH SCHMIDT
SON OF TODD & SARAH SCHMIDT

Nina Alexander Jackson

daughter of Paul Napoli & Olivia Napoli Jackson

COPELAND PARKER BOSTICK
SON OF HUGH & THERESA BOSTICK

WILIAM BARRANCO
SON OF JOHN & VIRGINIA BARRANCO

JOHN THOMAS MICHAEL JR.
SON OF JOHN & SARAH MICHAEL

CODY ROBB
SON OF RICHARD & ELLEN ROBB

Sawyer Mae Douglass
Daughter of Robert & Ruth Douglass

Deaths

1/25/22 Ward Hinds

1/17/22 Glenn Reeves

1/1/22 Joan Gray

1/22/22 Shirley Sheehan

1/27/22 Gloria Davis

New Parishioners

ROBERT & RHONDA GIBSON WITH SARAH

JOSEPH & MARGARET JONES

JOSEPH & GLORIA JOHNSON

MICHAEL & JENNIFER FAHY WITH TOMMI ROSE, & ELLIE

JENNY CARR WITH PRESTON, ELLA & BECKETT

NEAL & ERIN TOWNSEND WITH TAYLOR & VALIGHN

SUSAN SULLIVAN

Donna Browne

BENJAMIN & CARLEY McDonald WITH BANKS

Weddings

ANDREW MAHONEY & SARAH STROUP

WILLIAM STREET & MEREDITH KOCH

MICHAEL COWART & ANNA RYAN

JUSTINE KENNEDY & BECCA MURPHREE

LOGAN HALL & JANICE PRESCOTT

HUNTER ROGERS & AMANDA SHERRILL

PRESTON CONLEY & ROSE GUI

L HANNEMAN & KAITLYN LEBLANC

St. Lawrence Catholic Church Footnotes 370 S. Section Street Fairhope, AL 36532

ADDRESS SERVICE REQUESTED

NONPROFIT ORGANIZATION U.S. POSTAGE PAID PERMIT NO. 126 MOBILE. AL

ST. LAWRENCE LENT SCHEDULE 2022

ASH WEDNESDAY

March 2

Mass in the Church 8:30AM & 5:30PM Ashes on the Patio 10:30AM & 2:30PM

STATIONS OF THE CROSS Fridays After Daily Masses

MUSICAL DIVINE MERCY CHAPLET Sundays 5:10PM

40 DAYS FOR LIFE March 2 - April 10

FRIDAY LENTEN FISH FRY DINNERS 5:30PM - 7:30PM

March 4, 11, 18, 25, April 1, 8

FIRST FRIDAY ADORATION March 4, April 1 • 9:00AM-5:30PM MEN'S RETREAT NIGHT March 7, April 4 • 6:30pm

PARISH MISSION March 8-10 • 5:30PM (Tuesday - Thursday)

48 HOURS ADORATION March 8 After 5:30PM Mass -March 10 5:30PM

ST. JOSEPH'S ALTAR March 18-20

THE LIGHT IS ON FOR YOU Confession Wednesdays 6:00PM-7:00PM March 9, 16, 23, 30, April 6

MASS FOR LIFE Tuesday, March 22 7:15AM Planned Parenthood

TRIDUUM

HOLY THURSDAY, APRIL 14 Liturgy of the Lord's Supper 7:00PM

GOOD FRIDAY, APRIL 15 Stations of the Cross 3:00PM Liturgy of the Lord's Passion 7:00PM

DIVINE MERCY NOVENA Begins Good Friday after Stations and each day in the church at 3:00PM until April 24

HOLY SATURDAY, APRIL 16 Confession 12:00PM Easter Vigil Mass 7:30PM Easter Vigil Reception to Follow

EASTER SUNDAY

EASTER SUNDAY MASS, APRIL 17 Mass 7:30AM, 9:00AM, 11:00AM *No evening Mass