

## Directions for a 2 layer mask with pocket for filter

1. 1 piece of 100% COTTON fabric measuring 8" x 14". Until you get familiar with this tutorial, I would suggest a non-directional print. One that has a scattered image printed on the surface such as the one shown.
2. 2 strips of fabric measuring 1.75" (1 3/4") x 6". This will be the accent edge piece. It can be the same fabric as the main piece or a small-scale print or solid.
3. Two pieces of 1/4" width elastic. These will be about 6 1/2" long.
4. Double wide bias tape
5. 1/4" wide Gros Grain Ribbon 5"
6. New Twist Ties (craft stores have them)
7. Ruler
8. Fabric marking tool.
9. Pins
10. Scissors
11. Sewing machine, threaded.
  - Take 8"X14"
  - **FOLD THE 14" IN HALF PRESS FOLD**
  - **After pressed open up flat with right side facing you**
  - **Measure 1/2" down from fold line**
  - **Center the gros grain ribbon and stitch down on each side of ribbon leave ends open (this is to insert a twist tie)**
  - **Fold wrong sides together**
  - Stitch the 8" side with 1/4" leaving a 5" gap for opening for filtration pocket
  - Turn right side out and press
  - **WHERE THE 5" GAP IS DO NOT CLOSE THIS IS LEFT OPEN INTENTIONALLY TO ADD A POCKET FOR EXTRA FILTRATION**
  - Place the tube of fabric so that the raw edges are on each side and the seam edge is at the bottom. Using a ruler, measure and mark a line 1 1/2 inches from the bottom edge. Make another line 1 inch above this line, or 2 1/2 inches from the seam edge. Then another line 1 inch above second line. (3-1/2" from bottom)
  - Then mark after each line 1/2" (a total of 3 one-half inch marks)
  - Fold 1-1/2" mark so that it is a fold of 1/2"
  - Fold 2-1/2" mark so that it is a fold of 1/2"
  - Fold 3-1/2" mark so that it is a fold of 1/2"
  - **PIN EACH FOLD AS YOU GO**
  - **PRESS**
  - **STITCH FOLDS DOWN**
  - Pin one elastic piece to the raw edge, making sure not to twist it before baste stitching it to the edge at both ends. I placed mine 1/8" from the top and bottom edge of the main pleated piece. Baste elastic in place 1/8" inch from raw edge. **BACKSTITCH OVER ELASTIC.** Repeat, to attach remaining elastic piece to the other raw edge.
  - Cut a piece of bias tape longer than each side where elastic is
  - Place the bias tape on edge of fabric where elastic is located. It will be a little longer on the top and bottom and that is okay, as we are going to fold some of that to the back.
  - Stitch bias tape down
  - **SMILE YOU HAVE JUST BLESSED A MEDICAL PROFESSIONAL WITH YOUR SEWING!**